546C88

L-NMA.HCI L-NMMA.HCI

Nω-Methyl-L-arginine hydrochloride

Nitric Oxide Synthase Inhibitor Treatment for Septic Shock Antimigraine

H₂N OH .HCI

 $C_7H_{16}N_4O_2$.HCI

Mol wt: 224.69

CAS: 156706-47-7

CAS: 017035-90-4 (as free base) CAS: 053308-83-1 (as monoacetate)

EN: 250957

EN: 172859 (as free base)

Synthesis

546C88 has been obtained by several related ways:

1) The reaction of *N*-methylthiourea (I) with methyl iodide gives *N*,*S*-dimethylisothiouronium iodide (II), which is then condensed with L-ornithine (III) by means of NaOH (1-3) or copper acetate (4). Scheme 1.

- 2) The oxidation of N-methylthiourea (I) with peracetic acid in acetic acid gives N-methylamidinosulfonic acid (IV), which is then condensed with L-ornithine (III) by means of K_2CO_3 in water (5). Scheme 1.
- 3) The reaction of cyanogen bromide (V) with methylamine (VI) by means of $\mathrm{Na_2CO_3}$ in THF gives N-methyl-cyanamide (VII), which is condensed with pyrazole (VIII) by means of HCI in refluxing dioxane to yield N^1 -methylpyrazole-1-carboxamidine (IX). Finally, this compound is condensed with L-ornithine (III) by means of LiOH in water (6). Scheme 1.
- 4) The reaction of cellulose (X) with cyanogen bromide (V) by means of $\rm K_2CO_3$ in water/DMF gives the corresponding polymeric cyanate ester (XI), which is condensed with methylamine (VI) to yield the polymeric *N*-methylamidino compound (XII). Finally, this compound is condensed with L-ornithine (III) by means of $\rm CuCO_3$ in water (7). Scheme 1.
- 5) The reaction of L-ornithine (III) with benzaldehyde by means of LiOH gives N^{δ} -benzylidene-L-ornitine (XIII), which is treated first with benzyl chloroformate and NaOH and hydrolyzed with HCI to afford N^{α} -(benzyloxycar-

bonyl)-L-ornithine (XIV). The condensation of (XIV) with N,S-dimethylisothiouronium iodide (II) by means of NaOH gives N^{α} -(benzyloxycarbonyl)- N^{ω} -methyl-L-arginine (XV), whichis finally deprotected by hydrogenation with H $_2$ over Pd/C (8). Scheme 2.

Description

Acetate, $[\alpha]_D^{22}$ +9.5° (c 0.10, water) (1); acetate, m.p. 194-6 °C (2); hydrochloride (isomorph 1), m.p. about 205 °C (3), hydrochloride (isomorph 2), m.p. about 219 °C (3); flavinate, m.p. 252-3 °C (4); hydrochloride m.p. 219-21 °C (decomp.) (6).

Introduction

Sepsis syndrome and septic shock both can progress to multiple organ failure (MOF), which is the most common cause of death in the intensive care unit (9, 10). The terms sepsis, septicemia and septic shock have long been used interchangeably due to the lack of precise definitions. In 1996 during a collaborative consensus conference sponsored by the American College of Chest Physicians and Society of Critical Care Medicine (ACCP/SCCM), the term systemic inflammatory response syndrome (SIRS) was introduced, recognizing the important role that endogenous mediators of systemic inflammation play in sepsis, which was no longer regarded as being caused by microbial pathogenicity factors alone (11, 12). The proposal was initially met with some opposition from European investigators (13). SIRS was defined as the systemic inflammatory response to a variety of clinical insults. Sepsis was defined as SIRS in response to infection, and septic shock as sepsis with hypotension, despite adequate fluid resuscitation.

The release of mediators in the sepsis cascade is largely responsible for the cardiovascular alterations and multiple organ dysfunction syndrome in septic shock. These mediators include proinflammatory cytokines, particularly TNF and IL-1, as well as IL-6 and IL-8, various autocoids such as eicosanoids (arachidonic acid derivatives), PAF and bradykinin, and secondary mediators such as nitric oxide and oxygen free radicals.

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These mediators have been proposed as investigational targets for therapeutic intervention in the management of sepsis and septic shock and for other indications as well. Table I presents investigational approaches to the management of sepsis and septic shock according to compounds described last year in patents and current literature contained in the Prous Science databases.

Nitric oxide (NO) is an endogenously produced inorganic free radical gas which is synthesized by NO synthase (NOS) [EC 1.14.23] from the amino acid L-arginine in endothelial cells, macrophages and other cell types (14). At least three isoforms of NOS are known to exist which include the two calcium-dependent constitutive isoforms termed type I or nNOS (neuronal) and type III or eNOS (endothelial), and a calcium-independent inducible isoform which is termed type II or iNOS (inducible) (14-17). iNOS is provoked by endotoxin and some proinflammatory cytokines, and has been implicated in tissue damage (18-24) and in the cardiovascular dysfunction seen in septic shock (25-28).

Several studies in experimental animals and in patients with sepsis have been carried out using nonselective inhibitors of the L-arginine-NO pathway which pre-

vent the formation of NO by both cNOS (*e.g.*, in endothe-lial cells) and iNOS (*e.g.*, in cardiac myocytes and vascular smooth muscle cells). Administration of nonselective NOS inhibitors has been reported to cause a rapid and marked increase in systemic vascular resistance and a decrease in cardiac output in endotoxic shock in animals. Because some of these detrimental effects are due to inhibition of eNOS, another approach has been proposed: the selective inhibition of NO formed by iNOS, while maintaining physiological NO formed by the constitutive NOS in endothelial cells (28-30).

Several compounds have been reported to have greater affinity for inhibiting iNOS than cNOS, including L-canavanine (30, 31), aminoguanidine (32-34) and guanidine derivatives (35-38).

Pharmacological Actions

546C88 is a competitive inhibitor of both constitutive and inducible NOS. A comparative *in vivo* study in rats examined the effects of NO synthase inhibition by aminoguanidine, previously described as a selective

Scheme 2: Synthesis of 546C88

$$H_2N \longrightarrow OH \longrightarrow PhCH_2OCOCI \longrightarrow PhCH_2OCOCI \longrightarrow PhCH_2OCOCI \longrightarrow PhCH_2OCO \longrightarrow PhC$$

inhibitor of iNOS, and L-NMMA (546C88) on endotoxininduced intestinal vascular permeability. Endotoxin (Escherichia coli lipopoly-saccharide; LPS) alone did not cause acute vascular leakage, nor did aminoguanidine or L-NMMA. However, administration of aminoguanidine (12.5-50 mg/kg s.c.) together with endotoxin (3 mg/kg i.v.) increased vascular leakage of radiolabeled albumin in the ileum and the colon in a dose-dependent manner after 1 h. This effect was reversed by pretreatment with L-arginine. Aminoguanidine at a dose of 50 mg/kg also elevated arterial blood pressure over the 1-h investigational period. Endotoxin administered together with L-NMMA (50 mg/kg s.c.) also induced similar potentiation of vascular injury and increased blood pressure, implying inhibition of the constitutive isoform of NO synthase. In contrast, aminoguanidine and L-NMMA given at the time of expression of the inducible isoform of NO synthase reduced the subsequent endotoxin-induced vascular leakage (39).

Another in vivo study evaluated the effect of NO synthase inhibition by NG-nitro-L-arginine methyl ester (L-NAME) and L-NMMA in a conscious rat model of vascular damage. Vascular damage was induced by LPS, and the effects of NO synthase inhibition were observed during a 5-h period. Concomitant administration of L-NAME (1-5 mg/kg s.c.) with LPS increased vascular leakage of radiolabeled albumin from intestinal tissue. Administra-tion of L-NMMA (50 mg/kg s.c.) together with LPS also increased albumin leakage, although maximum leakage occurred earlier and declined more rapidly. Administration of L-NAME (1-5 mg/kg s.c.) or L-NMMA (12.5-50 mg/kg) 3 h after LPS treatment reduced albumin leakage in a dosedependent manner. L-arginine (300 mg/kg s.c.), given prior to administration of L-NAME (5 mg/kg s.c.) and L-NMMA (50 mg/kg s.c.), reversed either the potentiation or the inhibition of LPS-induced vascular damage. The

results of the study indicate that early suppression of NO synthase aggravates acute vascular injury in the ileum and colon, suggesting a defensive role for NO. Administration of NO synthase inhibitors at the time of expression of the inducible isoform of the enzyme confers protection against the subsequent damage to the intestinal vasculature (40).

The efficacy of 546C88 was evaluated in a baboon model for the treatment of septic shock. 546C88 (5 mg/kg) was administered during a 36-h period following the induction of septic shock by i.v. infusion of live *E. coli*. The drug increased mean survival time from 45 to 107 h, with survival rates of 5/8 for the treatment group as compared to 1/8 for the placebo group. Treatment with 546C88 also lowered plasma nitrate levels, which increased following drug removal. The hemodynamic pattern was more stable in the treatment group reflecting the effects of NO synthase inhibition. The placebo group required more fluid support than the treatment group, indicating more extensive vascular leakage. The study suggests that NO synthase inhibition with 546C88 has therapeutic value in this baboon model (41).

A murine model of pneumococcal pneumonia was used to study the effects of L-NMMA on the pathogenesis of pneumonia. Intranasal inoculation of CD1 mice with *Streptococcus pneumoniae* resulted in a 100% mortality rate over a period of 96 h. A 4-day twice-daily treatment with L-NMMA (3 mg/kg s.c.), initiated immediately before infection, increased survival rate by 24% over the 4-day period. Preservation of alveolar spaces was better in animals treated with L-NMMA than in controls, as observed by histological examination of lung tissue. These findings imply that L-NMMA treatment profoundly affects cellular and inflammatory response, tissue integrity and death rate (42).

Table I: Investigational approaches to the management of sepsis and septic shock compiled from Prous Science Daily Essentials and Ensemble databases.

Compound	Source	Status
TARGETING MEDIATORS OF INFL	AMMATION	
Cytokine modulators		
Anti-TNF- α antibodies		
D2E7	BASF	Biological testing
CDP-571 (Bay-10-3356) ¹	Bayer/Celltech	Phase II
CytoTAb ²	Therapeutic Antibodies	Phase IIB
Bay-x-1351 ³	Bayer/Celltech	Phase III
Cytokine (TNF-α and/or IL-1)product	tion/release inhibitors	
CNI-1493	Picower Inst. Med. Res	Preclinical
FR-133605	Fujisawa	Preclinical
FR-167653	Fujisawa	Preclinical
KB-R7785	Kanebo	Preclinical
Neu-Sensamide™	OXiGene	Preclinical
OXi-104	OXiGene	Preclinical
SDZ-MRL-953 ⁴	Novartis	Phase I
Carbocyclic nucleosides	Hoechst Marion Roussel	Biological testing
Diaryl compounds	Celgene	Biological testing
Thalidomide derivatives	Massachusetts Inst. Technol.	Biological testing
EI-1941-1 (EP 768306)	Kyowa Hakko	Biological testing
EP 720983	Nishin Flour Milling	Biological testing
EP 761680	Ono	Biological testing
JP 96119987	Sankyo	Biological testing
JP 97071581	Nishin Flour Milling	Biological testing
US 5550132	Macronex; Univ. North Carolina	Biological testing
US 5627173	Hoechst Marion Roussel	Biological testing
US 5641751	Centocor	Biological testing
US 5643893	Macronex; Univ. North Carolina	Biological testing
WO 9627583 ⁵	Pfizer	Biological testing
WO 9631476 ⁶	Rhône-Poulenc Rorer	Biological testing
WO 9633172 ⁵	Pfizer	Biological testing
WO 9633968	Fuji Yakuhin	Biological testing
WO 9636611	Chiroscience	Biological testing
WO 9636638 ⁶	Chiroscience	Biological testing
WO 9639408 ⁵	Pfizer	Biological testing
WO 9640143	SmithKline Beecham	Biological testing
WO 9640636 ⁶	Pfizer	Biological testing
WO 9703945 ⁶	SmithKline Beecham	Biological testing
WO 9705105 ⁶	Pfizer	Biological testing
WO 9705877	Merck & Co.	Biological testing
WO 9705878	Merck & Co.	Biological testing
WO 9718188 ⁵	Abbott	Biological testing
WO 9719053 ⁵	British Biotech	Biological testing
WO 9724355 ⁶	Fujisawa	Biological testing
WO 9725312 ⁶	Schering AG	Biological testing
TNE a poutrolizing agents		
TNF-α neutralizing agents	Roche	Phase II
Lenercept ⁷	nociie	Filase II
IL-1 receptor antagonists		
WO 9629088	Hoechst Marion Roussel; Affymax	Biological testing
VVO 3023000	rioconst Manori Flousson, Allymax	Biological testing
IL-6 receptor antagonists		
US 5639455	Ajinomoto	Biological testing
30 3000 700	7 ginomoto	Diological testing
IL-8β receptor atagonists		
WO 9625157	SmithKline Beecham	Biological testing
110 0020101	Ommending Deconding	Diological testing
Anticytokine antisense peptides		
WO 9634887	Imperial Coll. of Sci., Technol. & Med.	Biological testing
300-1007	London Sch. of Hyg. and Trop. Med.	Diological testing
	London Con. of Tryg. and Trop. Med.	/O==±'D
		(Continued)

Table I: Continued.

Compound	Source	Status
Phospholipase A ₂ inhibitors		
WO 9603120	Lilly; Shionogi	Biological testing
WO 9603383	Lilly; Shionogi	Biological testing
NO 9702242	SmithKline Beecham	Biological testing
NO 9710247	SmithKline Beecham	Biological testing
NO 9741099	SmithKline Beecham	Biological testing
PAF antagonists		
US 5700817	Pohang Iron and Steel; Res. Inst. Ind.	Biological testing
	Sci. Technol	
NO 9614317	Uriach	Biological testing
Cyclooxygenase inhibitors		
NO 9716405	NiCOx	Biological testing
Endotoxin modulators		
Endotoxin production inhibitors		
161240	Merck & Co.	Preclinical
-573655	Merck & Co.	Preclinical
. 070000	Morok & Co.	1 Teominal
MAb to endotoxin		
Edobacomab ⁸	Xoma; Pfizer	Phase III
JS 5593969	IGEN	Biological testing
Endotoxin antagonists		
E-5531	Eisai	Phase II
Cinase inhibitors		
CHUK inhibitors ⁹	Tularik	Biological testing
SAP kinase inhibitors ¹⁰	Mercury Therapeutics	Biological testing
Bradykinin B ₂ antagonists		
Deltibant (Bradycor) ¹¹	Cortech; SmithKline Beecham	Phase II
EP 808838	Hoechst Marion Roussel	Biological testing
-1 000000	Trooding Marion Floudeer	Diological teeting
Other inflammation inhibitors	V	Discouli
rBPI21/Neuprex ¹²	Xoma	Phase II
TARGETING ADHESION MOLECULES		
	ISIS Pharmaceuticals	Preclinical
SIS-4730 ¹³	ISIS Pharmaceuticals	Preclinical
SIS-4730 ¹³ EP 771795	Hoechst Marion Roussel	Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³	Hoechst Marion Roussel US Navy	Biological testing Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³ JS 5602230	Hoechst Marion Roussel US Navy Centocor	Biological testing Biological testing Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³ JS 5602230 JS 5618785	Hoechst Marion Roussel US Navy Centocor Centocor	Biological testing Biological testing Biological testing Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³ JS 5602230 JS 5618785	Hoechst Marion Roussel US Navy Centocor	Biological testing Biological testing Biological testing Biological testing Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³ JS 5602230 JS 5618785 JS 5622701	Hoechst Marion Roussel US Navy Centocor Centocor	Biological testing Biological testing Biological testing Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³ JS 5602230 JS 5618785 JS 5622701 WO 9701335	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs	Biological testing Biological testing Biological testing Biological testing Biological testing
ISIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 WO 9701335 WO 9719104	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology	Biological testing Biological testing Biological testing Biological testing Biological testing Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³ JS 5602230 JS 5618785 JS 5622701 WO 9701335	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology	Biological testing
SIS-4730 ¹³ EP 771795 JS 5596090 ¹³ JS 5602230 JS 5618785 JS 5622701 NO 9701335 NO 9719104 FARGETING NITRIC OXIDE (NO)	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis	Biological testing
SIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 NO 9701335 NO 9719104 FARGETING NITRIC OXIDE (NO) NO production inhibitors 646C88	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis	Biological testing
SIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 WO 9701335 WO 9719104 CARGETING NITRIC OXIDE (NO) WO production inhibitors 146C88	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis	Biological testing
SIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 WO 9701335 WO 9719104 CARGETING NITRIC OXIDE (NO) WO production inhibitors 146C88 P 96041008	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis	Biological testing
SIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 WO 9701335 WO 9719104 CARGETING NITRIC OXIDE (NO) WO production inhibitors 46C88 P 96041008 WO 9601825	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis Glaxo Wellcome Ono	Biological testing
SIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 WO 9701335 WO 9719104 CARGETING NITRIC OXIDE (NO) WO production inhibitors 146C88 P 96041008 WO 9601825 WO 9630350	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis Glaxo Wellcome Ono Fujisawa	Biological testing Phase III Biological testing Biological testing
SIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 VO 9701335 VO 9719104 CARGETING NITRIC OXIDE (NO) WO production inhibitors 46C88 P 96041008 VO 9601825 VO 9630350 VO 9703678 ¹⁴	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis Glaxo Wellcome Ono Fujisawa Fujisawa SCRAS	Biological testing Phase III Biological testing
SIS-4730 ¹³ EP 771795 US 5596090 ¹³ US 5602230 US 5618785 US 5622701 NO 9701335 NO 9719104 TARGETING NITRIC OXIDE (NO)	Hoechst Marion Roussel US Navy Centocor Centocor Protein Design Labs Texas Biotechnology Novartis Glaxo Wellcome Ono Fujisawa Fujisawa	Biological testing Phase III Biological testing Biological testing Biological testing Biological testing Biological testing

Table I: Continued.

Compound	Source	Status	
REPLACEMENT ANTICOAGULANT THERAPY			
Activated protein C	Lilly	Phase I	
HEMOREGULATORY AGENTS			
PHP ¹⁵	Apex Bioscience	Phase I/II	
Glaspimod ⁸	Nycomed Amersham; SmithKline Beecham	Phase II	
WO 971850	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9717851	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9717957	SmithKline Beecham	Biological testing	
WO 9717958	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9717959	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9717961	SmithKline Beecham	Biological testing	
WO 9717963	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9717964	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9717965	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9717973	SmithKline Beecham	Biological testing	
WO 9717985	SmithKline Beecham; Nycomed Amersham	Biological testing	
WO 9718210	SmithKline Beecham	Biological testing	
WO 9718213	SmithKline Beecham	Biological testing	
WO 9718214	SmithKline Beecham	Biological testing	

¹No longer in active development for this indication. ²Anti-TNF polyclonal antibody. ³Not effective in reducing mortality. ⁴Lipid A analog. ⁵Also matrix metalloproteinase (including TNF-α-converting enzyme) inhibitors. ⁶Also phosphodiesterase IV inhibitors. ⁷Recombinant TNF receptor fusion protein. ⁸Discontinued due to insufficient efficacy. ⁹Conserved Helix-loop-helix Ubiquitous Kinase inhibitors. ¹⁰Stress Activated Protein kinase inhibitors. ¹¹Improvement in mortality not demonstrated in SIRS. ¹²Recombinant bactericidal/permeability increasing factor. ¹³Antisense oligonucleotide. ¹⁴Also cyclooxygenase inhibitor. ¹⁵Pyridoxalated hemoglobin polyoxyethylene; treatment of hypotension.

Pharmacokinetics and Metabolism

The pharmacokinetics, disposition and metabolism of radiolabeled 546C88 were evaluated in rats and dogs following a 5-min infusion of 1.7 mg/kg (20 mg/kg/h) of title compound. The parent compound exhibited rapid distribution and elimination from plasma; peak plasma concentrations were reached immediately after administration and declined in a biphasic manner. Initial and terminal elimination was rapid, with a t_{1/2} of approximately 2-4 min and t_{1/2h} of 1-2 h. AUC during the 48-h sampling period was approximately 19-fold higher than $AUC_{(0-\infty)}$. Drugderived radioactivity was eliminated slowly, with up to 39% present in the carcasses at the termination of the 7day collection period. The drug was excreted mainly as CO2 in expired air, while less than 8 and 5% was excreted in urine and feces, respectively. Radioactivity was widely distributed throughout the body with the highest concentrations present in those tissues with high protein turnover, such as liver and glandular tissue. 546C88 was eliminated mainly via metabolism and putative amino acid catabolism, which would account for its distribution patterns and route of excretion. The study shows that 546C88 is a drug with rapid and wide distribution into tissues and is probably eliminated by metabolism to citrulline, and perhaps also ornithine, and subsequent catabolism in the urea and citric acid cycles. Three metabolites were identified in urine following administration to rats [I and II] and dogs [II and III] (43).

The use of the system automated sequential trace enrichment of dialysates (ASTED) to prepare plasma samples for the estimation of 546C88 has been described (44).

Clinical Studies

The effects of NO synthase inhibition by L-NMMA and L-NAME were evaluated in 2 patients with life-threatening septic shock whose blood pressure was not restored by

conventional treatment. L-NMMA (0.3-1 mg/kg i.v.) rapidly increased systolic, diastolic and mean arterial blood pressure in a dose-dependent manner and elevated vascular resistance in both patients. L-NMMA (0.3 mg/kg i.v.) raised mean arterial blood pressure from 63.5 ± 2.5 to 76.2 ± 4.2 mmHg within 2 min, and was maintained for less than 15 min. However, in the first patient, who had impaired renal function, the effect of 1 mg/kg L-NMMA lasted for almost 10 h. In the second patient with normal renal function, increased arterial blood pressure lasted for 10-15 min after 1 mg/kg L-NMMA, and a second injection (150 mcg/kg bolus i.v.) raised the mean arterial blood pressure from 84 to 102 mmHg during 10-15 min, indicating elevated systemic vascular resistance. These observations suggest that application of NO synthase inhibitors may be a valuable treatment for refractory hypotension of septic shock when other conventional interventions fail (45).

A randomized, double-blind, placebo-controlled study assessed the effects of NO synthase inhibition with L-NMMA. Twelve patients with hypotension as a result of severe septic shock were given a bolus i.v. injection of L-NMMA (0.3 mg/kg) followed by a second injection of 1 mg/kg bolus i.v. and finally an infusion of 1 mg/kg/h during a period of 6 h. The treatment induced a dose-dependent elevation of mean arterial blood pressure (from 80.9 $\pm 0.2.9$ to 100.5 ± 6.1 mmHg) and systemic vascular resistance (from 547 \pm 92 to 889 \pm 143 dyne.s./cm⁵). Pulmonary vascular resistance, central venous pressure and pulmonary artery occlusion pressure also increased. Cardiac output decreased from 11.2 ± 2.1 to 8.9 ± 1.9 I/min, as did heart rate, although the decrease in heart rate was not statistically significant. Platelet count decreased in L-NMMA-treated subjects as well as in those administered placebo and did not differ significantly between groups. This study demonstrates the importance of NO in the mechanism of vasodilatation and hypotension and indicates that NO synthase inhibitors such as L-NMMA effectively increase blood pressure in patients with hypotension as a result of septic shock (46).

The efficacy of 546C88 was evaluated in 312 patients with septic shock, defined as severe sepsis complicated either by sustained hypotension or by the need for vasopressor support in order to maintain MAP at 70-90 mmHg. The compound was administered at 0-20 mg/kg/h, titrated to maintain MAP3 at 70 mmHg while attempting to discontinue current vasopressors. Resolution of shock at 72 h, defined as MAP3 of 70 mmHg without conventional vasopressors, was the primary endpoint. Laboratory confirmed bacterial infections were classified as Gram-positive, Gram-negative, mixed or other. In this patient study, the efficacy of the NO synthase inhibitor 546C88 in septic shock varied depending upon the underlying infection. The 546C88-treated group had a total of 77 overall and 28 serious disease-related events compared to 85 and 37, respectively, in the placebo group. Total number of adverse effects recorded in the treatment group was 74, as compared to 71 in the placebo group. The results indicated that treatment with 546C88 did not raise any pertinent safety issues and the drug was deemed to have a satisfactory safety profile worthy of further clinical investigation (47-51).

Another double-blind, randomized, placebo-controlled trial evaluated 546C88 in 15 patients suffering from migraine without aura. 546C88 (6 mg/kg i.v. 15-min infusion) produced headache relief in 10 patients within 2 h after the initiation of treatment, as compared to 2/14 in the placebo group. Other symptoms such as phonophobia and photophobia were also efficiently eliminated in the active treatment group. A nonsignificant trend for improvement in nausea was also observed. The results from this clinical trial indicate that NO is involved in both initiation and continuation of migraine attacks, and that synthase inhibitors such as 546C88 may have an important role in the treatment of migraine (52, 53).

In another study in humans, the importance of NO in circulation was evaluated using L-NMMA. Administration of L-NMMA (1, 3 and 10 mg/kg by i.v. bolus) reduced both mean common carotid artery (CCA) flow and internal carotid artery (ICA) flow, effects which were reversed by L-arginine. Systemic blood pressure increased, but no effect was observed on middle cerebral artery (MCA) flow velocity. Administration of carbon dioxide (6% or 8%) after L-NMMA did not affect cerebral blood flow. Noradrenaline induced a slightly smaller decrease in basal CCA flow and had a similar effect on the hypercapnic response. This study shows that NOS inhibition with L-NMMA results in reduced cerebral blood flow but does not inhibit the hypercapnic hyperemic response. It is suggested that neuronal NOS inhibition in humans may confer protective effects in stroke, although nonselective NOS inhibitors such as L-NMMA should be employed with care since they diminish cerebral blood flow (54).

546C88 is currently undergoing evaluation in a large, international, phase III efficacy study for the inidication of septic shock (55).

Manufacturer

Glaxo Wellcome, Inc. (GB).

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